

Pattie Vargas
Professional Speaker

Conferences, Seminars, Keynotes



In 1995, Pattie Vargas encountered a life-changing event that set the course for the rest of her career. What could have resulted in a dead-end, bitter saga of mere survival instead led her on a journey to discover the difference between *going under* or *coming over*!

As a national seminar presenter and conference speaker, Pattie entertains and energizes audiences on surviving – and thriving! – during change! Experience across a wide array of industries and disciplines have demonstrated that her approach is applicable wherever change is the order of the day.

Her practical message and humorous stories, born of the joys and sorrows that can only come from experience, will quickly captivate and engage any audience! Whether the change you are facing is personal, situational or organizational, Pattie invites you on a journey to “What’s Next!”

Speaking Topics

The Resilience Factor

The universe has a sense of humor all its own – just when we think we have it all figured out – along comes LIFE. What do we do when our circumstances change? Have we developed skills that help us respond rather than react? Do we play the victim card or do we adapt and overcome? Developing the Resilience Factor helps us navigate through change and emerge stronger, healthier and with a renewed sense self-worth. [Promo Video](#)

Change is Inevitable ... Surviving’s Another Thing

Change is simply an altering of the status quo – sounds simple, right? But how we manage ourselves and our teams through change makes all the difference. If we all understand that change is inevitable, why do we resist? Whether your organization is considering a reorganization, system implementation or other potential disruption, developing a strong change management strategy will greatly increase the chance of success. [Promo Video](#)

Don't Look Now, Your Strength is Showing:

You CAN Change Your Interactions

We all possess inherent strengths that come as second nature to us. But without learning how to flex our behavior to adapt to the needs of others, those very strengths can become roadblocks on our way to effective business relationships! Using the DISC Behavioral Assessment, we can understand the root of communication misfires, decrease tension and increase trust, while establishing rapport and credibility!

Extraordinary Teams, Extraordinary Results!

Extraordinary Teams can be recognized by their highly functional behaviors as well as their extraordinary results! Does your team have what it takes to move beyond ordinary to EXTRAORDINARY? Learn the five characteristics of an Extraordinary Team and why relationships matter!

The Vargas Group
Pattie Vargas, Principal
760-420-8444

www.thevargasgroup.net

www.johnmaxwellgroup.com/pattievargas

pattie@thevargasgroup.net

“Look where you’re going, not where you’ve been.”